



Gower Activity
Centres
Canolfannau
Gweithgareddau **Gŵyr**



Visitor Information Gwybodaeth i Ymwelwyr



Cyngor **Abertawe**
Swansea Council

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WELCOME TO GOWER ACTIVITY CENTRES

It's Gower time!

Our activity centres at Rhossili and Port Eynon provide fantastic accommodation for experiencing all that Gower has to offer, not to mention views that have to be seen to be believed. For over 30 years we have been providing activities, events, and education and pride ourselves on the experiences and memories that we help to create. Whether its surfing, rock climbing, kayaking, mountain biking or just getting away to relax and enjoy the views we have something for everyone. We work with schools and colleges to provide residential week and half week programmes, as well as creating bespoke activity breaks for groups, families, and anyone that wants to experience our Area of Outstanding Natural Beauty.

We look forward to welcoming you.

For more information about our centres please check the website or contact us on the number below. (9.30am-4.30pm, Monday – Friday, answer phone outside of office hours)

Tŷ BORFA, PORT EYNON BAY

Port Eynon offers a family friendly Blue Flag awarded beach. At the far end of Port Eynon Bay sits the 18th century ruin of the old Salt House originally extracting salt from the sea, although it is thought that the business was run as a cover for smuggled goods. Around the headland you will find Culver Hole, Paviland Cave and the Coastal Pathway ending in Rhossili.

ARRIVAL

You will be contacted prior to your visit to arrange a suitable time (from 4pm for weekend groups) for you to arrive. If your arrival is later than 4.30pm Health & Safety and security information will be left at the house for you. Your group will be responsible for the building until the time of departure arranged with the Manager.

FACILITIES

Bedroom Layout

32 beds arranged in 1x1 (en-suite), 1x1 (fully accessible en-suite), 1x1 (single), 1x1 (double), 7x4 (bunks) each with private bathrooms. All bed linen is provided.

Dining Room/Lounge

There is 1 large multi activity room/TV lounge and dining room seating 32.

Kitchen

The kitchen contains 2 domestic cookers, 2 microwaves, 2 larder fridges, 1 chest freezer, 1 dishwasher and a range of kitchen utensils, crockery and cutlery for 32. Tea towels are provided.

Washing Facilities

There are 9 showers and 11 toilets (2 fully accessible). Please bring your own towels.

Garden

There is a large garden at the back of the building with picnic benches.

Heating

Centrally heated throughout.

Directions

Exit the M4 at junction 42. Take the A483 to the centre of Swansea and then follow the A4067 to Gower and Mumbles.

Approximately 2 miles outside Swansea, turn right onto the B4436 signposted Bishopston. After 4 miles turn right after Kittle and turn left on the A418 at the next junction. Continue on the A4118 until you reach Port Eynon. Turn left signposted Borfa House, the house is the last house on the right called Ty Borfa.

Car Parking

Parking onsite for up to 3 minibuses or 5 cars. Extra car parking available nearby.

OTHER INFORMATION

Meal Times for Full Board Guests and Schools:

Breakfast	8.15am
Lunch	12.15pm
Dinner	5.00pm

Post Office: Scurlage (3 miles)

Food Shops: Knelston Supermarket, Tel: 01792 390093

Banks: HSBC, Lloyds and TSB in Mumbles

Arriving by Bus: 16 miles from City Centre. Buses to Port Eynon from Swansea centre bus station

Arriving by Train: 17 miles from Swansea train station

Mobile phone reception varies in the area. A payphone is available in the house.

In the interests of hygiene, dogs cannot be allowed in the building, although it is possible for special arrangements to be made for registered assistance dogs.

Smoking and the use of candles, nightlights or fireworks (indoor or outdoor) are **not permitted** in the property.

Tŷ Borfa has a 3* grading from Visit Wales.

Gower Activity Centres
Tŷ Borfa
Port Eynon
Swansea
SA3 1NN

We hope you enjoy your break with us at Tŷ Borfa

Tŷ RHOSSILI, RHOSSILI BAY

Stunning scenery and sandy beaches close by. Rhossili is famous for its beautiful coastline and beaches and voted the best beach in the UK and is a favourite destination for walkers, surfers and water sport enthusiasts. Around the headland you will find Mewslade and Worms Head just some of the hidden jewels of the Gower Peninsula.

ARRIVAL

You will be contacted prior to your visit to arrange a suitable time (from 4pm for weekend groups) for you to arrive. If your arrival is later than 4.30pm Health & Safety and security information will be left at the centre for you. Your group will be responsible for the building until the time of departure arranged with the manager.

FACILITIES

Bedroom Layout

16 beds arranged in 1x2 (twin), 1x1 (single), 1x8(bunks), 1x5 Single in a Mezzanine sleeping area. 1 Male and 1 Female communal shower rooms. 1 additional shower room adjoining the Twin bedded room. All bed linen is provided.

Dining Room/Lounge

There is 1 large multi activity room/TV lounge, dining room seating 16. 1 x sitting area with double doors leading onto the patio area.

Kitchen

The self-catering kitchen contains 2 domestic cookers, 1 dishwasher, 1 microwave, 2 larder fridges and a range of kitchen utensils, crockery and cutlery for 16. Tea towels are provided.

Washing Facilities

There are 5 showers and 5 toilets. Please bring your own towels.

Garden

There is a patio and games yard at the back of the building with picnic benches.

Heating

Centrally heated throughout.

Directions

Exit the M4 at junction 42. Take the A483 to the centre of Swansea and then follow the A4067 to Gower and Mumbles. Approximately 2 miles outside Swansea, turn right onto the B4436 signposted Bishopston. After 4 miles turn right after Kittle and turn left on the A418 at the next junction. Continue on the A4118 until you reach Surlage. Turn right on to the B4247 sign posted Rhossili. Follow this to Middleton approx 2 – 3 miles. Turn right sign posted Residential Centre. Rhossili House is ½ mile on the right up the lane over the cattle grid called Tŷ Rhossili.

Car Parking

Parking onsite for up to 4 minibuses or 9 cars. Extra car parking available nearby.

OTHER INFORMATION

Meal Times for Full Board Guests and Schools:

Breakfast	8.15am
Lunch	12.15pm
Dinner	5.00pm

Post Office: Scurlage (3 miles).

Food Shops: Knelston Supermarket, Tel: 01792 390093.

Banks: HSBC, Lloyds and TSB in Mumbles.

Arriving by Bus: 17 miles from City Centre. Buses to Rhossili from Swansea centre bus station.

Arriving by Train: 18 miles from Swansea train station.

Mobile phone reception varies in the area. A payphone is available in the centre.

In the interests of hygiene, dogs cannot be allowed in the building, although it is possible for special arrangements to be made for registered assistance dogs.

Smoking and the use of candles, nightlights or fireworks (indoor or outdoor) are **not permitted** in the property.

Tŷ Rhossili has a 2* grading from Visit Wales.

Gower Activity Centres
Tŷ Rhossili
Old School Lane
Middleton
Swansea
SA3 1PJ

We hope you enjoy your break with us at Tŷ Rhossili

GOWER ACTIVITIES

Providing adventurous outdoor activities all over Gower and its surrounding areas for over 30 years, Gower Activity Centres has the expertise to give you the best possible experience whenever you decide #ItsGowerTime

We offer the chance to experience a range of activities that have been designed to be safe, challenging and fun on the Gower Peninsula. Our experienced teaching and instruction team have expertise in working with groups of children, young people and adults. Our activities can be experienced as part of a residential visit or by arranging stand-alone activity sessions. We are AALA and John Muir licensed.

We Offer:

- National Governing Body accredited Instructors, 1-12 instructor to participant ratios
- All instruction and equipment
- Free teacher/group leader places

Why not try:

- **Abseiling** - cliff & blow hole abseils
- **Team building** - developing communication skills
- **Rock climbing** - bouldering, coaching sessions, top & bottom roping
- **Rock adventure/sea level traversing**
- **Coasteering** - with winter grade wetsuits, buoyancy aids and safety helmets
- **Surfing** - at some of Gower's best breaks with boards & wet suits
- **Hill Walking/Navigation** - introductory to advanced sessions
- **Orienteering** - on our custom made courses on Gower
- **Mountain and Trail Biking** - Clyne and Afan Argoed
- **Kayaking** - sea, rivers, canals
- **Sit on top kayaking** - sea, rivers, canals
- **Canoeing** - sea, rivers, canals
- **Improvised rafting** - beach, canals and rivers
- **Gorge walking** - Neath Valley

For all ages, including younger visitors:

- **Beach Studies** - rocky shore, strandline, beach art
- **Woodland Studies** - with shelter building and woodland art.
- **River Studies** - Ilston stream and Pennard Pill
- **Guided Walks** - Gower heritage, folklore and wildlife
- **Orienteering** - on our custom made courses on Gower
- **Rock Hopping** - coastal exploration
- **Rock Climbing and Abseiling** - introduction, suitable for younger children
- **Sit on top kayaking** - rivers, canal
- **Canoeing** - sea, rivers, canals
- **Improvised rafting** - beach, canals and rivers

Curriculum Supporting Activity Programmes:

All programmes are devised in accordance with KS1, KS2, KS3 and KS4's learning objectives. They are appropriate to the level of participant and we work with group leaders to factor in the cross cutting themes of the Donaldson Report into each visit.

At KS4, we can provide specific advice and assessment at GCSE level for Orienteering, Hill Walking, Surfing, Rock Climbing and Geography.

Water based activities are available April to October (British Summertime)

Please contact us for a tailor-made package for your group.

SCHOOLS PACKAGE

The Gower Activity Centres provides residential education and activities for children and young people at the two activity centres:

Its key aims are to:

- Assist schools to improve the educational attainment of children and young people.
- Provide new and adventurous experiences.
- Re-enforce experiential learning by experiencing it in a stimulating and challenging environment.
- Enable children and young people to participate in activities which promote health, fitness and self-discipline.

These aims are achieved by:

- Introducing children & young people to outdoor activities through challenging learning situations.
- Encouraging social awareness and skills, and group participation through the residential experience.
- Introducing children & young people to the countryside as an environment for learning and enjoyment.
- Providing qualified and experienced teachers and instructors to deliver activities curriculum supporting programmes for KS1 to KS4.

Packages are available Monday to Friday (4 nights/5 days) which includes accommodation, meals, and activities with Instructors and all equipment.

Evening activities are available on request, subject to staff availability and with prior agreement of centre staff. An extra charge per person, per night applies. Please contact the admin office for details.

We are now John Muir licensed and can offer your school a programme of activities.

PRICES

Accommodation Charges

Self-Catering:

Tŷ Borfa	Autumn (Sept - Dec) Spring (Jan - Mar) Summer (Apr-Aug)	£576 including VAT per night £691 including VAT per night £768 including VAT per night
Tŷ Rhossili	Autumn (Sept - Dec) Spring (Jan - Mar) Summer (Apr-Aug)	£288 including VAT per night £346 including VAT per night £384 including VAT per night

Full Board: £138 including VAT per 5 people, per night, add on to centre price above.

Early Check In/Late Check Out: Tŷ Borfa - £38.40 including VAT each instance

Early Check In/Late Check Out: Tŷ Rhossili - £19.20 including VAT each instance

Activity Charges

Session - £39 including VAT per person, per session

All prices are per person. There is a minimum group size of 4 and maximum group size of 12 per instructor. Groups over 12 will require more than 1 instructor and will be priced accordingly. We charge for a minimum of 4 people per instructor.

School Package

Tŷ Borfa and Tŷ Rhossili - Full Board and all Activities - April 2018- March 2019		
Full Week	Autumn (Sept - Dec)	£170
	Spring (Jan - Mar)	£179
	Summer (Apr-Jul)	£188
Swansea School Pupils who meet the FSM criteria	Autumn (Sept - Dec)	£98
	Spring (Jan - Mar)	£107
	Summer (Apr-Jul)	£116
Half Week	Autumn (Sept - Dec)	£93.50
	Spring (Jan - Mar)	£99
	Summer (Apr-Jul)	£104
Swansea School Pupils who meet FSM criteria - Half Week	Autumn (Sept - Dec)	£54
	Spring (Jan - Mar)	£59
	Summer (Apr-Jul)	£64
Teaching and support staff contribution towards food costs (Ratio 1-10 pupils)	£50 each - Full Week	
	£25 each Half Week	
Day Activities	£25 each	
Evening Activities (subject to availability)	£5 per person	

Please contact us for Weekend and School Holiday Prices.

BOOKING TERMS AND CONDITIONS

We will only deal with the lead booking name in all correspondence, including changes, amendments and cancellations. The lead name will be responsible for the group and all payments, and it will be assumed that he/she has the authority to act on their behalf. You must be over 21 years old to be the lead name.

Booking, Deposit & Balance Payment

- The Accommodation Booking Form must be completed and returned to gac@swansea.gov.uk if you have not booked online via www.goweractivitycentres.co.uk
- A 25% deposit is required, this is non-refundable.
- £100 deposit is required for activity bookings; this is non-refundable, unless course/activity is cancelled by us.
- Our preferred method of payment is online and we will send you a link when we confirm your booking. You can also pay over the phone during office hours by credit / debit card.
- An invoice will be sent to you for the balance of the account which is payable upon receipt.
- We only accept payments in UK sterling currency.

Privacy Statement

Swansea Council is the data controller for the personal information you provide on this form. Your information will be used to provide you with the service that you have requested and will not be used for any other purpose. We will not share your data with any third parties without your explicit consent unless we are required or permitted to do so by law.

Data protection law describes the legal basis for our processing your data as necessary for the performance of a contract. For further information about how Swansea Council uses your personal data, including your rights as a data subject, please see our corporate [privacy notice](#) on our website.

Arrival

- You will be contacted prior to your visit to arrange a suitable time (from 4.00pm) for you to arrive.
- Information for Health & Safety and Security etc, will be left at the centre for you. Your group will be responsible for the building until the time of departure arranged with the manager.
- Early check in is subject to availability and with prior agreement with the centre and a charge will be made.

Schools arrival is from 9.30am on the Monday morning.

Departure

- For self-catered guests the centres must be vacated by 12 noon.
- For full-board guests the centres must be vacated by 2.30pm.
- For groups booking activities later departures can be arranged.
- Late check out is subject to availability and with prior agreement with the centre; a charge will be made.
- Schools departure is 1.30pm on the Friday afternoon.

Activities

All activity programmes to be discussed and agreed with the Activities Development Officer prior to booking.

Although you can choose your activities, the final decision in terms of logistics, seasonality and safety remains with Gower Activity Centres. All activities are subject to weather and tide conditions. Alternative activities will be arranged in adverse conditions.

Guests booking with us should be prepared to abide by our Code of Conduct with regard to safeguarding the natural environment and must also agree to follow the safety instructions of our instructors at all times. It is important to recognise that, although instructors are chosen for their experience in leading activities and are able to offer advice on safety procedures and conduct at the activity site, participants

each have a legal responsibility to take all reasonable precautions to maintain their own safety and not to endanger other members of the group.

Risk Awareness Forms

Every pupil (or Parents/Guardians) must complete the risk awareness forms before their visit to the centres. Our policy is no form, no activity. All completed forms must be e-mailed to gac@swansea.gov.uk before your visit.

John Muir Awards

We are now John Muir licensed and can offer your school a programme of activities.

Health and Safety Documents for Schools and Youth Groups

Please contact us if you require a copy of our 'Independent Provider Questionnaire' and 'Risk Assessment for Schools'.

Your Responsibilities

This booking has been entered into on the understanding that the total number in your party shall not exceed the total number of beds available at the centres as stated in the information pack and on the website.

You are considered to be the group leader and must be over 21 years old. You are responsible for the payment of the booking, the safety of the group and the general housekeeping of the centres during the stay.

You are responsible for looking after the centre and its equipment during the period of hire and are expected to take good care of it.

The centres are provided fully furnished. Bed linen is provided, but you will need to bring your own towels.

You are advised to check on arrival and report any shortcomings, damage or missing items immediately to us. Groups must report and pay for any damage caused to the venue or for equipment lost, damaged or broken during occupancy. Unsuitable substitutes are not accepted. All the equipment, utensils etc. must be left in a clean condition at the end of the hire period. A charge of £17 per hour will be made by us if any additional cleaning is required. Please ensure that all gas cookers, lights and heaters are switched off, doors and windows are secured, rooms are left clean and tidy and waste bins are emptied, before leaving the centre.

Pets are not permitted in any center. It may be possible for special arrangements to be made for registered assistance dogs, if discussed in advance with the administration office.

You are kindly asked to respect the law, which prohibits the sale, supply or consumption of alcohol to those under 18 years of age, those considered to be drunk or under the influence of drugs will be asked to leave the centres. You or your group members may become liable to prosecution should these laws be breached.

Your Conduct

Our centres are located in or close to residential areas, please show consideration for our neighbours. Please refrain from playing loud music after 11.00pm. If you or a member of your party fails to comply with this requirement, your booking may be terminated and you will be asked to leave the centre. If you enter the centre after this time you will be trespassing. No whole or partial refunds will be made if your party is asked to leave under these circumstances.

If for any reason the fire brigade or security company are called out to the centres on a false alarm call the cost of the call out will be passed on to you.

Important Note: Smoking is not permitted in any centre. The use of candles, incense burners, flammable liquids/gases, fireworks, camping stoves and firearms is strictly prohibited at all centres.

Use of such items may result in the party being asked to leave immediately, without refund of any portion of the hire fee.

Liability

No responsibility can be accepted for any loss of or damage to guests' property or motor vehicles. The safekeeping of guests' property including money and valuables must remain the responsibility of guests.

Cancellations or Changes to Bookings

If a booking is cancelled less than 14 days before arrival then a charge equal to the full booking amount will be made.

If the booking is cancelled 14 or more days before arrival then a charge equal to 50% of the stay will be made.

In the event of a no show or booking reduction (after arrival date) the full cost of the booking is charged.

- For full board visits, a reduction in numbers of paying guests resulting in below minimum occupancy level for the centre will result in the full charge for minimum occupancy numbers.

Minimum occupancy for full board: Tŷ Borfa - 24, Tŷ Rhossili - 12

- If you wish to change your activities booking less than 41 days before your planned activities, the change will be treated as a cancellation and our standard cancellation charges will apply.

We recommend that you take out your own Travel Insurance.

ACCOMMODATION BOOKING FORM

Please phone or e-mail us to confirm availability and costs before completing this form

Swansea Council is the data controller for the personal information you provide on this form. Your information will be used to provide you with the service that you have requested and will not be used for any other purpose. We will not share your data with any third parties without your explicit consent unless we are required or permitted to do so by law.

Data protection law describes the legal basis for our processing your data as necessary for the performance of a contract. For further information about how Swansea Council uses your personal data, including your rights as a data subject, please see our corporate [privacy notice](#) on our website.

Please tick your choice of Centre

Tŷ Borfa

Tŷ Rhossili

Please tick your choice of

Self Catering

Full Board

(Available on request - add on per 5 people)

Name of Organisation:

Lead Name:

Telephone Number:

E-Mail:

Address:

Post Code:

Type of Organisation eg Youth Club:

Dates From:

To:

Number of Nights:

Number of People:

Male:

Female:

Age Range:

Total Number in Group:

I have read and agree to the booking Terms and Conditions and consent to the Privacy Policy.

Signed (Lead Name):

Date:

Designation:

How did you find out about our Centres?

Our Web Site

YHA

Stayed Before

Face Book

Other, please state:

Please return this form fully completed to the e-mail address below. If you have any queries please do not hesitate to contact us.

ACTIVITIES/COURSES BOOKING FORM

Please phone or e-mail us to confirm availability and costs before completing this form

Swansea Council is the data controller for the personal information you provide on this form. Your information will be used to provide you with the service that you have requested and will not be used for any other purpose. We will not share your data with any third parties without your explicit consent unless we are required or permitted to do so by law.

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Name of Organisation:

Lead Name:

Telephone Number: E-Mail:

Address:

Post Code: Type of Organisation eg Youth Club:

Date Activities/ course Required:

Number of Young People: Male: Female: Age Range:

Number of Group Leaders: Male: Female:

Total Number in Group: Male: Female:

Number of Activity Sessions Required:

Preferred Choice of Activities/Course:

I have read and agree to the booking Terms and Conditions and consent to the Privacy Policy.

Signed (Lead Name): Date:

Designation:

Please return this form fully completed to the e-mail address below. If you have any queries please do not hesitate to contact us.

SCHOOLS BOOKING FORM

Please phone or e-mail us to confirm availability and costs before completing this form

Swansea Council is the data controller for the personal information you provide on this form. Your information will be used to provide you with the service that you have requested and will not be used for any other purpose. We will not share your data with any third parties without your explicit consent unless we are required or permitted to do so by law.

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Please tick your choice of Centre

Tŷ Borfa

Tŷ Rhossili

Name of School:

Contact Name/Teacher in Charge:

Head Teacher Name:

Telephone Number: E-Mail:

Address:

Post Code:

Dates From: To:

Number of Young People: Male: Female: Age Range:

Number of Group Leaders: Male: Female:

Total Number in Group:

Activities Required:

I have read and agree to the booking Terms and Conditions and consent to the Privacy Policy.

Signed: Date:

Designation: Head Teacher Signature:

How did you find out about our Centres? Our Web Site YHA

Stayed Before Other, please state:

Please return this form fully completed to the e-mail address below. If you have any queries please do not hesitate to contact us.

RISK AWARENESS STATEMENT AND CONTACT DETAILS

Swansea Council is the data controller for the personal information you provide on this form. Your information will be used to provide you with the service that you have requested and will not be used for any other purpose. We will not share your data with any third parties without your explicit consent unless we are required or permitted to do so by law.

Data protection law describes the legal basis for our processing your data as necessary for the performance of a contract. For further information about how Swansea Council uses your personal data, including your rights as a data subject, please see our corporate [privacy notice](#) on our website.

Name:

Date of Birth:

Address:

Postcode:

Telephone Number:

Email Address:

Date & Type of Activity:

Are you Water Confident? **YES/NO**

Are you taking any Medication prescribed or otherwise? **YES/NO**

If Yes please provide details:

.....

.....

Do you have any Health Issues/Conditions that may affect your ability to undertake an outdoor activity? **YES/NO**

If Yes please provide details:

.....

.....

Do you have an injury old or new that may affect your ability to undertake an outdoor activity? **YES/NO**

If Yes please provide details:

.....
.....
.....

Would you like to hear about future offers? **YES/NO**

Do you consent to photos being taken and used on our Website/Social Media? **YES/NO**

Details of Next of Kin

Name:

Address:

Telephone Number:

Relationship:

Outdoor Adventurous Activities by their very nature carry risk. At Gower Activity Centres we consider ourselves as industry leaders in safe practice however, accidents can occur. Please read and sign the statement below, as an indication you understand the risks involved in your adventure.

I understand that adventure activities carry with them risk, this is present in the environment and the activity itself. Even though the activity is planned and delivered by a suitably qualified leader with safety as a priority accidents can occur. As a participant, I understand that I must act responsibly and follow instructions, that my actions can have a direct impact on my safety, the safety of the group and its leader.

Signed:

Date:

Email Address:

Activity:

Instructor:

